



Blackhawk XC Kids Program

Purpose: The Blackhawk XC Kids Program is for children ages 5-10, of all abilities. The focus of this program is on cross-country ski fundamentals while having fun. Participants are separated into groups, based on age & ability, for instruction and ski games. **A parent or guardian is required to remain on the Blackhawk Ski Club premises during practice.**

Skiers work within their ability with an instructor and parent helpers to learn the fundamentals of cross country skiing and have fun outdoors in the winter. Lessons begin the week of December 3 (Sundays) and January 1 (Wednesdays) and continue (weather permitting) through the first week of March. Equipment is provided for a small fee and adult lessons will be offered 2-4 times during the season.

****New this year:** A parent-tot class will be offered on Thursday mornings from 10-11 during January for parents and children ages 1-4. This class is for parents who want to ski with a young child on their back or ski alongside their young skier (or both!). Blackhawk Nordic Kids continues to be the perfect start to a lifelong enjoyment of cross country skiing for the whole family!

Requirements: All participants must be members of Blackhawk Ski Club. **This program relies 100% on the time and effort of parents and volunteer instructors who are members of Blackhawk Ski Club and/or Madison Nordic Ski Club (MadNorSki).** Parents are asked to help with practice whether on skis assisting the instructors, or in some other capacity. Please contact us at the email below if you are interested in helping on the Blackhawk XC Kids Program committee.

Lesson Times: Young Nordic skiers (ages 5 through 5th grade) have two opportunities for lessons this winter: Sunday afternoons from 2:00 -3:00 pm and Wednesday afternoons from 4:30-5:30.

Program Fee: \$30 per child for the season. *These fees are used to offset incidental program cost; instructors are all volunteers.*

Equipment: Participants are encouraged to own their own equipment. The club owns and maintains a fleet youth XC equipment (skis, boots, poles). This equipment is available to rent for use only during XC Kids sessions. The rental fee is \$25 per child for the season. *These fees are used for upkeep and maintenance of the equipment fleet.*

Registration: Register online at www.blackhawkskiclub.org beginning September 11th, 2017 (returning members) and September 25th, 2017 (new members). The maximum number of participants for XC Kids is dependent upon the commitment of parents and volunteers to instruct (usually 50-70 kids).

No changes or refunds are possible.

Questions: Questions can be directed to xc@blackhawkskiclub.org .

For more general information about XC skiing in the greater Madison area, check out Madison Nordic Ski Club (www.MadNorSki.org).